

# January 2019 Lunch Menu Treutlen County Schools

**New Year– New Resolutions!!!  
Let’s make 2019 the best year yet! Lets eat healthy, exercise, and be kind to one another!**

**This institution is an equal opportunity employer.**

	Tuesday, January 1	Wednesday, January 2	Thursday, January 3	Friday, January 4
				Hot Dog or Rib A Q Curly Fries ^Glazed Carrots Fruit
Monday, January 7	Tuesday, January 8	Wednesday, January 9	Thursday, January 10	Friday, January 11
Pizza or Turkey Sandwich Tossed salad Corn Nuggets Fruit TMHS– Chips	Hamburger or ^Sausage dog Fries ^Slaw Fruit	^Buffalo chicken sandwich or Ham sandwich Ranch Potaotes Sunshine Carrots Fruit TMHS– Chips	^Chicken nuggets or Pimento cheese Sandwich Squash Casserole Sweet Peas Fruit TMHS– Soft Pretzel	Manager’s Choice
Monday, January 14	Tuesday, January 15	Wednesday, January 16	Thursday, January 17	Friday, January 18
^Chicken Filet Sandwich PBJ Black Eyed Peas Green Beans Fruit TMHS– Chips	^Fried chicken or Corn-dog ^Turnip Greens Au gratin potatoes ^Mexican Cornbread Fruit	Corndog or Pork Roast and Rice California Blend Buttered Corn Sidekick TMHS– Cookie	^Chicken Fingers or Tuna salad w/crackers Tater tots Sweet Peas Apple cobbler	Steak nuggets or Ham and Cheese Melt Veg of Day ^Broccoli and Cheese ^Juice Chips
Monday, January 21	Tuesday, January 22	Wednesday, January 23	Thursday, January 24	Friday, January 25
MLK, Jr. Day NO School	Chlli Cheese Fries or Ham sandwich Corn Black Beans Fruit	Taco Salad or Turkey Sandwich Salad Mix Chips and salsa ^Cookie ^Juice	Meatloaf or PBJ Mashed potatoes Sweet Peas Yeast Roll Juice THS– Yogurt	^Pizza Hut or Pimento Cheese Sandwich Veg Of Day Tossed Salad Fruit TMHS– ^Cookie
Monday, January 28	Tuesday, January 29	Wednesday January 30	Thursday, January 31	
^Chicken Fajita or soft taco ^Lettuce, cheese, salsa Spicy beans Tortilla Chlps Sidekick THS– Salsa sour cream	^Chicken noodle soup or PBJ Spinach/^KaleSalad Sun Chips Sweet Potato Fruit	Hot dog or BBQ sandwich Greens Chips Veg of Day Fruit THS– Jalapeno Cornbread	Ham or Turkey Sub Your Way cheese Tater Tots Sandwich Toppings Fruit	