


# March 2019 Lunch Menu

**Food for thought. Most kids think of food as either “good” or “bad” for you. You can identify food as fuel instead. Just like a car needs gas to go, our bodies need food to think, play and move. When we fill up our “tanks” with healthy food options, our energy levels soar and our brains are ready to work.**

**This institution is an equal opportunity employer.**

				Friday, March 1
		*CHOICE OF MILK DAILY ^GA Grown items		Pizza or Fish sandwich Veggies and ranch Butter beans Cookie Fruit
Monday, March 4	Tuesday, March 5	Wednesday, March 6	Thursday, March 7	Friday, March 8
Chicken nuggets w/ rice pilaf or ham sandwich Cream corn Green Beans Juice TMHS- chips	BBQ baked potato or PBJ Cheese, butter, sour cream Local Veg Fruit Cookies	Buffalo Chicken or Grilled cheese sandwich Veggies and ranch Baked beans Chips	Steak nuggets or Tuna Salad with crackers Zipper peas Tri tater Fruit	Corndog Chicken salad w/crackers Macaroni and cheese Peas Sunshine Carrots Fruit
Monday, March 11	Tuesday, March 12	Wednesday, March 13	Thursday, March 14	Friday, March 15
Hamburger or Rib A Q Tater tots Black eyed peas Sidekick	Spaghetti and or chicken salad w/crackers Tossed salad Corn of cob Fruit	Corndog or Fish sandwich Cheese grits Slaw Sweet potato patties Fruit	Hot dog OR Mama’s Meatloaf Creamed potatoes Sweet peas Fruit TMHS-roll	Grilled chicken sandwich or PBJ Green Butterbeans Leprechaun greens Fruit Green Cookie
Monday, March 18	Tuesday, March 19	Wednesday, March 20	Thursday, March 21	Friday, March 22
No School	BBQ Sandwich or turkey sandwich Fries Glazed carrots Fruit	Chicken Fingers or Grilled cheese sandwich Fries Black eyed peas Au Gratin Potatoes Yellow Rice	Chili w/ crackers or PBJ Cheese Sweet potatoes Italian green beans THS- Fritos, sour cream	Pizza or Ham sandwich Veg of day California Blend Cookie Fruit
Monday, March 25	Tuesday, March 26	Wednesday, March 27	Thursday, March 28	Friday, March 29
Corndog or Chicken Salad w/ crackers Green beans Veg of day Fruit THS- Chips	Taco Salad or PBJ Salsa Refried beans Corn Juice THS-Sour cream	Sub Your Way Turkey or Ham Sandwich toppings Curly Fries Fruit	Lemon Pepper Chicken or Ham sandwich Ranch Potatoes Broccoli Juice Roll	Manager’s Choice

## March

- 14th –Pi Day
- 17th—ST. Pat’rick’s Day