

Dear Parent/Guardian:

As the Cold/Flu Season is upon us, we are reminding you in fairness to ALL children, please keep your child home if they exhibit any of the following symptoms/ conditions that may indicate the start of a communicable disease.

- Temperature of 100 degrees or higher within the last 24 hours (**must be fever free for FULL 24 hours without the use of Tylenol or Motrin**). If a doctor has told you that your child is positive for flu, it is recommended that you be fever free for **48 hours and return with doctor excuse only**.
- Diarrhea and/or Vomiting within the last 24 hours
- Severe cough
- Severe cold, especially with greenish/yellow nasal drainage
- Undetermined rash (requires doctor note indicating it is not contagious in order to return to school)
- Sore throat and/or difficulty swallowing. (**Must be on antibiotics 24 hours before returning to school with Strep Throat**)
- Red, watery, burning, itching eyes or yellowish drainage. (**Pink eye must be treated for 24 hours before returning to school**)

Please make arrangements to have a caregiver available in case your child becomes ill while in school. Be sure to keep your child's emergency contact form current with name and phone numbers to reach someone who can pick up your child in case of emergency.

In following these simple guidelines, it will assist the school in decreasing the spread of illness. If you have any questions, please do not hesitate to contact the clinic with your questions.

Thank you for your cooperation in this matter.

Shelby Williams, RN, BSN

School Nurse, Treutlen County Schools