

# May 2019 Menu

Summer is almost here!!! Don't be a couch potato this Summer— get outside and be active. Some ideas are:

Play in the sprinkler.

Volunteer!

Start a garden.

Make sidewalk art with chalk.

Visit the beach and collect shells.

Make a fort out of cardboard boxes.

Visit a farmer's market.

Stage an A to Z scavenger hunt, where you have to find something that starts with every letter.

Eat at a school summer lunch site with your friends.

**This institution is an equal opportunity employer.**

		Wednesday, May 1	Thursday, May 2	Friday, May 3
		Senior's Choice Menu Hot Wings or Hot dog ^Peas Ranch Potatoes ^Garlic Cheese roll Juice	Pizza or Ham sandwich Veg of the day ^Local Broccoli ^Cookie Fruit	Cheeseburger or PBJ Curly Fries Sunshine carrots Juice
Monday, May 6	Tuesday, May 7	Wednesday, May 8	Thursday, May 9	Friday, May 10
<b>Chicken Fajita or soft taco</b> <b>Lettuce, cheese</b> <b>Chips and salsa</b> <b>Sidekick</b> <b>TMHS- Sour Cream,</b>	BBQ or Fish sandwich ^Cheese grits Slaw Green beans Fruit THMS-Chips	^Buffalo chicken sandwich or PBJ Veggies and buffalo ranch Sweet peas Fruit THS-fruit crisp	<b>^Chicken Nuggets or Pimento Cheese sandwich</b> <b>Mashed potatoes</b> <b>^Local Steamed broccoli</b> <b>Mexican Cornbread</b>	Corndog or Sloppy Joe Glazed carrots Corn nuggets Fruit TMHS- chips
Monday, May 13	Tuesday, May 14	Wednesday, May 15	Thursday, May 16	Friday, May 17
<b>Manager's Choice</b>	<b>Manager's Choice</b>	<b>Manager's Choice</b>	Sack Lunch Hamburger or Hot Dog	Sack Lunch Ham sandwich or Turkey sandwich
Monday, May 20	Tuesday, May 21	Wednesday, May 22		
<b>Manager's Choice</b>	<b>Manager's Choice</b>	<b>Manager's Choice</b>		
*CHOICE OF MILK DAILY ^ GA Grown Items				

## May

- 5 Cinco De Mayo
- 30 Memorial Day